

### Tennis Self-Rating Scale

Level	Groundstrokes	Return of Serve	Net Play	Serve
1.0	I am just starting to play tennis.			
1.5	I've been introduced to the game but have difficulty playing due to my lack of consistency and rallying and serving.			
2.0	I can get to the ball, but lack control so my rallying is inconsistent. I often choose forehand instead of backhand.	I have inconsistent returns and tend to position myself to protect my weaknesses.	In singles, I'm reluctant to come to the net. In doubles, I understand the basic positions and am comfortable with forehand volleys (but avoid backhand volleys & overhead shots).	My toss is inconsistent and my service motion incomplete. Double faults common.